

# READY SET GO!

TO HELP YOUR CHILD PREPARE TO LEARN USING  
BRAIN BODY INTEGRATING ACTIVITIES

## What is it?

This camp incorporates many elements from the Brain Gym, Interactive Metronome, and Bal-A-Vis-X programs along with additional activities to promote visual perception, bilateral integration, attention, and body coordination. The programs and activities are designed to help your child improve focus, learning, and other related challenges.

This program is based around the theory that learning improves when speed processing, perceptual-motor, sensory and cognitive skills improve.

*Ready Set Go is designed for children entering 2nd through 8th grades, for patients and those who do not receive therapy services.*



Camp will be held Monday - Thursday

Dates: July 11th-28th

Time: 3:30-5:30

Location: Jefferson Baptist Church  
(Gym behind church)

Cost: private pay \$375

Contact Nikki Gomez, MOT, LOTR,  
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